

CHS Show Choir Hair and Makeup Guidelines

Here is a list of items every girl needs in her bag along with makeup for every performance: (All items should be marked with student's name)

Required items:

- Hair Piece (suggest a plastic zip lock bag to store the hairpiece when it is not being used).
- Strapless bra (skin colored)... no exceptions!!! If you need extra support we suggest clear duct tape.
- Performance Earrings unless they are kept at school (no other jewelry will be worn... no exceptions!!)
- Bobbie Pins and Hair Pins (to match hair color)
- Hair Ties (to match hair color)
- Bloomers (that match your costume for that evening's performance).
Light Touch – Red, Magic Touch – Blue
- Bodywrappers stockings (have an extra pair, just in case of accidents)
- Character Shoes - Tan
- Your Own Stage Makeup...NO SHARING!! (See sheet on Make-up Specifics)

Nice to have items:

- Comb and Brush
- Hair Spray
- Q-tips (to sharpen any makeup flaws)
- Wig brush, if you want to have your own
- Tissues
- Deodorant
- Feminine Products
- Hand held Mirror

Please arrive with make up done and hair ready to go. Some last minute make-up touch-ups can be made.

A workshop will be scheduled to learn makeup "how to's" and how to do hair.

MAKE-UP SPECIFICS for Show Choir

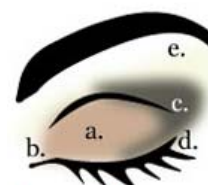
Each Dancer must have her own make-up. Bring to performances in a Ziploc even if makeup is applied at home. Please keep in mind you will have several performances this year so this makeup will be used several times. If you choose to continue in Show Choir next year some of these items can be used again. Any mention of brand names is a suggestion only. You may find a similar product in a less expensive brand. These items can be purchased at Target, Wal-Mart, CVS, or Ulta Beauty.

You will need:

- **Oil free face wash** (such as Neutrogena to be used at home before/after application of make-up)
- **Eye makeup remover** such as Maybelline Expert eyes makeup Remover Pads
- **Moisturizer** for your skin type (apply before applying make-up)
- **Liquid Foundation** (Purchase an oil free foundation: not powder foundation as it will give too flat of a look. Liquid foundation color should be one shade darker than your face. You will apply this to your face and down onto your neck and must blend in. Carefully choose a color that will work for both your face and neck.)
- **Concealer** (This is usually in stick form, sold with the foundation products and should closely match your foundation color. It will be used to cover blemishes and under eye area)
- **Translucent powder** In same color as foundation shade (To mop up excess oils on forehead and chin)
- **Blush** (Choose a shade that compliments your skin tone. It will be applied fairly heavily. Go toward a plum not toward orange or pinks.)
- **Eyebrow pencil** if you have thin eyebrows.
- **False Eyelashes** (Buy two pair and eyelash glue. This is necessary for the stage lights. Try #105 Ardell Fashion or #33 Modlash)
- **Clear Mascara** (To thicken natural lashes...but you will wear False eyelashes)
- **Black or Brown Eyeliner** (You will line only your upper lid)
- **Eye shadow** in a 4-pack to include: 1 Dark Color, 2 Medium Colors, 1 Light Color ---the key here is finding shades that will make your eyes "pop" on stage! Use the guidelines below:
 - *Blue Eyes:* Choose Rich warm browns, warm taupes and peaches
 - *Green and Hazel:* Golden browns, warm taupes, deep purples, soft peaches and soft violets
 - *Grey:* Charcoal, cool brown and purple
 - *Brown:* Just about any color will work for you.

The key on the eye shadow choice is to go deep and rich and plan to use the lightest color in the pack for your brow bone. (Women of color do not use too light of a color on your brow and fair skinned women you will not want to go too dark with the darker colors in the pack.)

The diagram is an example that Maybelline has on the back of their "Expert Wear Eye Shadow Quads" on how to apply the Eye Shadow Quads. They also number the colors as to where they are applied on the eyelid. The lightest color will go on the brow and across the whole lid (areas 'a' and 'e' in this diagram) but it will be covered over only in area 'a' with the lighter of your 2 medium colors. The second medium shade will go in the crease (area 'c' in this diagram and between 'a' and 'e' in the crease, almost all the way toward the nose) The darkest color will blend in at the corner of the eye (area 'd' in a sideways V shape). Blend colors where they meet.



Anatomy of your eye
a mobile lid
b inner corner
c crease/contour
d lash line
e brow bone

- **Lip liner** Red to match lip color closely
- **Lipstick:** Must be a true red. Choose from one of the following (available at stores listed and some at CVS)
 - **Maybelline** Moisture Extreme (reg. tube) E190 Royal Red (Ulta Beauty, Wal-Mart and Target)
 - **Ulta** Lip color Vegas Baby (reg. tube) at Ulta Beauty
 - **Covergirl** Incredifull Lip color (reg. tube) 968 Ruby Rush (Ulta Beauty or Wal-Mart -- not available at Target)